



Meet  
the  
makers  
- Guide -

*Use this guide to find out all about the producers behind the products in this month's Flavour Box.*

 **flavourly**.com

# Introduction

## Great to see you again!

We are happy you've stayed around and hope you have really enjoyed your previous box. What you're about to experience in this box is a great new range of gourmet food, snacks and cooking supplies produced by small, independent **UK suppliers who are as passionate about producing food as we (and you!) are** about tasting it.

We've had a **bloomin' great time** selecting the amazing goodies in this box, so we hope you love them as much as we do. Get ready to experience your monthly **flavourly fiesta in your mouth** (and in your belly)!

## This month's box is brought to you by

**Ryan**

Chief Hustler  
(Founder)

**Assean**

Customer Maven  
(Customer Acquisition)

**Lewis**

Flavour Loader  
(Box Packer)

**Blair**

Flavourly Megaphone  
(Marketing)

**Ross**

Technical Ninja  
(Website Developer)

**Arden**

Flavour Keeper  
(Warehouse Manager)

**Frances**

Wordy McFlavourson  
(Writer)

**Alex**

Flavour Loader  
(Box Packer)

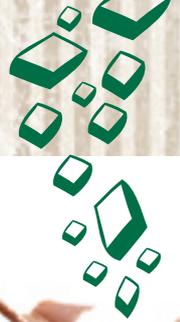
Mmmmm...  
tasty stuff!



@Flavourly



/Flavourly



# Announcements

## Find your favourites in our Marketplace!

Have you tried any of our amazing products and wished you could easily get more of it? Well, your favourite delicious products from previous boxes are now available to easily purchase directly from us!

We currently have just over 50 products online and will be adding more & more of your favourite ones during the next weeks.

With **FREE shipping** on all orders over £10, it's time to indulge!

Some of the  
great products  
now available



**Smoked Chilli Ketchup**  
by Gran Luchito

only £ **2.50**



**Olive Oil & Truffle Popcorn**  
by Joe & Seph's

only £ **2.40**



**Mint & Redcurrant Dressing**  
by Scarlett & Mustard

only £ **2.99**



**Rosemary & Thyme**  
by Soffle's

only £ **1.50**

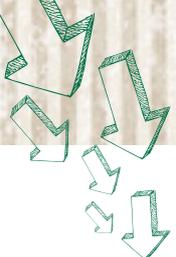


Sharing  
is Caring



£5:00

each for you and a  
friend when you  
refer them.



*Sharing is caring. So for every friend you invite to join in flavour fiestas, we'll give you £5 towards your next box and them £5 OFF.*

If you're Mr or Miss Popular and can invite 500 people, you'll get **13 years' worth of free flavour** boxes. Woah, 13 whole years, that's a lot of flavour. If you're like the rest of us, **you need just 3 friends to get a free box.** Hoorah! Pay special attention to the bit below as this is the lowdown on how it's done.



**1**  
*Sign up*

If you've done this already then congratulations, stage 1 complete. You're well on your way, only 2 more to go!



**2**  
*Share*

Share the Flavourly love by visiting [www.flavourly.com/invite](http://www.flavourly.com/invite) or using your unique refer a friend link (found in your account) which can be posted to blogs, in emails, forums etc.



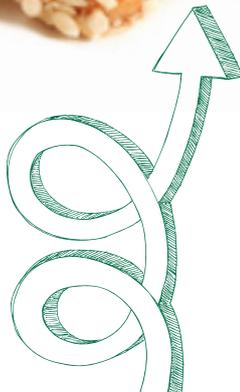
**3**  
*Save*

Earn £5 credit to your account for EVERY friend or person that signs up and what's best is that they get £5 OFF their first month as well.



*Serious Droolability!\**

*\*Yes our foods are so tasty they'll make you drool uncontrollably.*



# Meet The Makers

## Foraging Fox

### Meet the producer:

Frankie Fox and Desiree Parker launched "The Foraging Fox" at the Speciality & Fine Food Fair in September 2014. For Frankie, creating The Foraging Fox was the opportunity to turn what had been a childhood hobby into a business. The name itself was inspired by and in memory of her father, Roland Fox, the original "Foraging Fox", a plant and fungi expert. Frankie spent an idyllic childhood outdoors; growing, identifying and foraging plants and fungi with Dad and learning to cook things up with Mum.

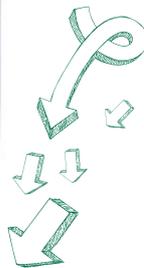
### What us experts say:

Its key ingredient is beetroot, a tasty superfood which has lately achieved hero status as nutritionists and sports scientists alike have unearthed a long list of health benefits. This vibrant vegetable is a source of folic acid, potassium, magnesium, iron as well as vitamins A, B6 and C. Beetroot is bursting with natural antioxidants and recent studies have also shown that beetroot can boost stamina and make muscles work more efficiently to reduce blood pressure.

*100% natural, with no artificial  
flavour's, no colour's, no sweeteners  
and no allergens!*



## Meet the makers



ForagingFox.com



Hertfordshire



@TheForagingFox



/The-Foraging-Fox

*Connect  
with them.*

# Meet The Makers

## Laura Santtini

### Meet the producer:

We are all on a journey and consequently Laura Santtini's work is forever changing. Her challenge is to truly taste each single flavour she encounters at life's feast, and blend the essence of her gradual transformation into her well known books, products, recipes and writing for an outcome that hopefully communicates a single notion, more golden than the sum of its parts – Grab life and lick it, the magic is on the tip of your tongue!

### What us experts say:

Bomba! XXX is a natural, ready-to-eat tomato sauce that delivers slow food flavours fast!

It truly is the world's sauciest tomato paste, made with extra strength triple concentrated tomato paste, full-bodied red wine and tasty soffritto. And it's ready to use straight out of the tube.

### Serving Suggestions:

Use it to make a delicious Tomato Gnocchi Alla Romana by following this recipe:

[laurasanttini.com/tomato-gnocchi-alla-romana](http://laurasanttini.com/tomato-gnocchi-alla-romana)



Connect  
with them.

## Meet the makers



# Meet The Makers

## Angelic Gluten Free

### Meet the producer:

It all started in the kitchen, where Angelic founder Kirsty decided to create a range of tasty cookies. Having suffered from a gluten intolerance, Kirsty left her full-time job as an accountant and baked over 200 recipes in her quest. Angelic then started selling cookies to retailers throughout the UK... Soon after, they couldn't keep up in the kitchen, and moved to a dedicated bakery where all their goodies are now made.

### What us experts say:

The Rosemary & Sea Salt biscuits are made using the finest all natural ingredients. Made with a pinch of rosemary and a sprinkling of sea salt, these little savouries are just delightful served simply on their own, or topped with creamy blue cheese.

*Great tasting gluten-free foods using  
the finest all natural ingredients.*



[AngelicGlutenFree.co.uk](http://AngelicGlutenFree.co.uk)



[Inverness](#)



[@Angelic\\_GF](#)



[/Angelic-Gluten-Free](#)

## Trotter's Independent

### Meet the producer:

By cooking Mostarda in his parents' kitchen and selling to the local farm shops, Byam Trotter had started his first business, which today sells all over Britain from the Shetland Isles all the way down to Somerset and many places in between including the House of Bruar and Harvey Nichols. Trotter's have a larger range of condiments from Tea and Orange Marmalade and Mojito Marmalade to Wild Garlic Pesto and Rocket and pumpkin seed pesto. Although Byam no longer does any of the cooking, the manufacturing process is still very much the same as it was in his parents' kitchen, cooking every batch in the same small pots to create the natural, fresher home made tasting products that started the business back in 2009.

### What us experts say:

The Scotch Bonnet peppers grown in Jamaica have an unbelievably strong flavour and heat, and because of this the recipe only requires about 20 of them to make about fifty jars of jelly but their presence is certainly obvious. Although Hot Pepper Jelly is hot, the heat is not long lasting in your mouth and therefore does not ruin the rest of your meal, which is good.



[TrottersIndependent.co.uk](http://TrottersIndependent.co.uk)



[Fife](#)



[@Trotter\\_IC](#)



[/Trotters-Independent-Condiments](#)

Metcalfe's



## Meet The Makers



Drink Me

### Meet the producer:

As the co-founder of Pret A Manger & Itsu, Julian Metcalfe is obsessed with delicious and healthy food. Back in 2009 he was fed up of stodgy snacks that weighed him down and he wanted to create something that was light yet tasty to replace the bog standard crisp. He began popping popcorn for Pret and it was a huge success. From here, Metcalfe's Skinny was born. Metcalfe's Skinny is on a mission to rustle up healthier alternatives to crisps, cakes and cookies. A growing range of delicious and light snacks made with top quality ingredients and limitless love and care.

### What us experts say:

Metcalfe's skinny Corncakes are mini corn discs delicately seasoned in herbs and spices. Their new "selfie snack bag" is a sensible, crunchy and delicious snack, perfect for helping to control those portion sizes! Metcalfe's skinny mini Corncakes with Rosemary contain 91 calories per bag, and are delicious before, during or after lunch.

*Guilt-free snacking!!*



[MetcalfesSkinny.com](http://MetcalfesSkinny.com)



London



@MetcalfesSkinny



/MetcalfesSkinny



[DrinkMeChai.co.uk](http://DrinkMeChai.co.uk)



Farnborough, Kent



@Drinkmechai



/DrinkMeChaiTea

### Meet the producer:

After her first sip of intoxicating chai during her travels to India, Amanda was inspired to create a Chai that was true to that authentic blend of tea and warm spices. Drink Me was born, producing a range of delicious award winning Chai Latte's inspired by the original Chai from India which have been enjoyed for over 5000 years!

They blend real ground spices with black tea, sugar and and milk so you can enjoy India in an instant by just adding water or milk for an extra creamy taste.

### What us experts say:

All their range is 99 percent caffeine free so Chai Lattes are for sure a great alternative to your usual hot drink – let us know what you think?

### Serving Suggestions:

Put 3 teaspoons of Drink Me Chai Latte into a cup and hot water and stir well. For an extra creamy texture use half water and half hot, frothy milk. You can also find a ton of awesome, easy to make recipes on their site [DrinkMeChai.co.uk/Recipes](http://DrinkMeChai.co.uk/Recipes)



## Doisy & Dam

### Meet the producer:

Doisy & Dam was launched in 2013 by Ed & Richard because they were passionate about creating foods with the most delicious balance between health and indulgence. Their mission is to supply the world with their chocolate and feel smug knowing they've eaten a delicious treat without feeling the guilt.

### What us experts say:

Each bar is hand-crafted in Norfolk using the best quality, organic ingredients sourced from all over the world. Their chocolate is packed with nature's superfoods to create a unique, indulgent treat providing the perfect balance between health and taste. They like to keep it simple – no nasties, no hidden ingredients; just delicious, real food.

*Using as few and as good ingredients as they can to create superdelicious organic chocolate!*



[DoisyAndDam.com](http://DoisyAndDam.com)



London



[@DoisyAndDam](https://twitter.com/DoisyAndDam)



[/DoisyAndDam](https://facebook.com/DoisyAndDam)

*Connect with them.*



*Meet the makers*



## Wholeplus

# Meet The Makers



## Landgarten

### Meet the producer:

What first began as an extension of health conscious foodie, Jo's active lifestyle and nutritional ethos, became all encompassing after completing the Certificate in Plant Based Nutrition, part of the T. Colin Campbell Foundation and qualifying as a Certified holistic health coach with the Institute of Integrative Nutrition. Toppers are endlessly versatile and it is this sweet creativity that is unique to the Wholeplus concept. What better way to boost your breakfast, dessert or afternoon snack... so quit the refined sugars and go grab a spoon!

### What us experts say:

Wholeplus Toppers are naturally super sweet sprinkle toppings handmade using whole chopped dates infused with coconut, seeds, spices and nutrient rich 'super-foods' designed to complement an active lifestyle and assist your body to perform at its peak.

*Whole nutrition  
for whole fitness!*



[Wholeplus.com](http://Wholeplus.com)



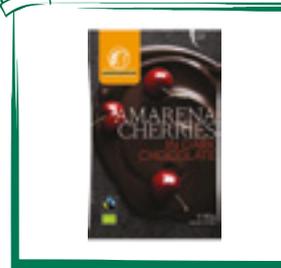
Hertfordshire



[@IncludingCake](https://twitter.com/IncludingCake)



[/Including-Cake](https://www.facebook.com/Including-Cake)



[Landgarten.co.uk](http://Landgarten.co.uk)



Austria



[@LandgartenUK](https://twitter.com/LandgartenUK)



[/LandgartenUK](https://www.facebook.com/LandgartenUK)

### Meet the producer:

'As close to nature as possible!' At Landgarten, they position themselves as a healthy and nutritious alternative compared to the traditional and conventional snacks or sweets. Landgarten, furthermore, emphasise their organic certificates, their worldwide leadership in the snack segment and their country of origin: Austria.

### What us experts say:

Romantically red and indulgently intense, Landgarten's Amarena cherries in Dark Chocolate is a gift of adoration for health conscious snackers around the globe. Specially chosen Italian sour cherries work in harmony with your favourite fair trade dark chocolate, teasing the palette and creating a healthy snack like no other. Free yourself from tasteless treats, say goodbye to dry delicacies and experience the 100% natural succulence of Landgarten's Amarena Cherries in Dark Chocolate.

## Perry Court Farm



# Meet The Makers



## Flavourly

### Meet the producer:

They have been growing fruit for 4 generations and recently started the UK's first fruit drying using produce that is grown themselves on their farm in Kent.

### What us experts say:

This is the only 100% English dried fruit you can get! Farmed in an environmentally friendly way and by using traditional English varieties and slow drying techniques, they are able to make the tastiest products too, with nothing added!

*Made from Cox Orange Pippin Apples, nothing added!*



[PerryCourtFarm.co.uk](http://PerryCourtFarm.co.uk)



Kent



[@PerryCourt\\_Farm](https://twitter.com/PerryCourt_Farm)



[/Perry-Court-Farm](https://www.facebook.com/Perry-Court-Farm)



*We made the product that we want to eat!*

### Meet the producer:

It's your very own Flavourly! Our mission is to help you discover the best artisan produce across the UK and what better way than chipping in with our own delicious recipes.

### What us experts say:

We made the product that we want to eat! delicious, bursting with flavours and goes down a little too easy... We're sure you will love it!

### Serving Suggestions:

Perfect for healthy snacking!



[flavourly.com](http://flavourly.com)



Edinburgh



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[/Flavourly](https://www.facebook.com/Flavourly)

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*Our home from home*

*Flavourly.com - Unit 18, North Leith Sands,  
Edinburgh, EH6 4ER*

The logo for Flavourly.com, featuring the word "flavourly" in a white, lowercase, sans-serif font with a small leaf icon to the left, and ".com" in a smaller font to the right.



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